

# Elementary Growth Academy

**Goal:** Help kids explore their interests, set simple goals, and learn how to make positive changes in their lives.



## Overview of the Week:

1. **Ideate:** Spark dreams and aspirations.
2. **Iterate:** Embrace mistakes as stepping stones to growth.
3. **Implement:** Break down big goals into small steps.
4. **Improve:** Celebrate small wins and encourage continuous improvement.
5. **Inspire:** Recognize achievements and motivate future goal-setting.

# Elementary Growth Academy

- **Session 1: Ideate**

- **Theme:** Dream Big!
- **Activities:**
  - Dream Board: Kids create a "Dream Board" with pictures or drawings of things they like, things they're good at, and things they want to learn.

- **Session 2: Iterate**

- **Theme:** Learning from Mistakes
- **Activities:**
  - Growth Mindset Game: Share a story about someone who kept trying despite challenges. Then, kids draw or share a time when they learned something from a mistake.

- **Session 3: Implement**

- **Theme:** Take Small Steps
- **Activities:**
  - Goal Box: Each child writes a small goal (e.g., be kind, try a new activity) and places it in an origami box. They decorate the box to remind them of their goals.

- **Session 4: Improve**

- **Theme:** Keep Getting Better
- **Activities:**
  - Goal Check-In: Kids share something they've practiced or tried to improve. They can give each other "stars" for encouragement.

- **Session 5: Inspire**

- **Theme:** Celebrate Progress!
- **Activities:**
  - Show and Tell Goal Sharing: Each child shares their goal and how they worked on it. They receive a certificate celebrating their progress.